



Experience
the Power of
Collaborative
Thinking

Fixed Indexed Universal
LIFE INSURANCE

F&G Freedom[®] & YOU

Helping you and your loved ones attain financial security,
now and in the future.

F&G Freedom helps you:

- **Protect the people who depend on you financially** by providing them with death benefits
- **Tailor the premium and death benefit amounts** to your changing family circumstances
- **Meet unexpected opportunities and expenses** by making withdrawals and taking loans



F&G Freedom, fixed indexed universal life insurance.

Who is F&G?

Since 1959, F&G has been the silent, unseen enabler of the hopes and dreams of millions of Americans.

Today, we provide annuities and life insurance for over 800,000 people across the United States.

The people who hold our policies were introduced to us by someone they know—their financial or insurance professional. We collaborate with them to be partners in prosperity with you and the people you care about most.

Working together we become something greater; we become agents of possibility, agents of empowerment, agents of stability and security in a volatile world.

We work together, think together, succeed together.
We collaborate to help you prosper.

How does **F&G Freedom** fit into your retirement and estate planning?

F&G Freedom is fixed indexed universal life insurance offering flexible protection, strong accumulation potential with a good selection of index options, and withdrawals.

As a key part of your retirement planning, F&G Freedom provides tax-deferred growth potential of your account value and allows you to withdraw or borrow money from the surrender value of your policy for unexpected – or planned - expenses.

As a key part of your estate planning, the death benefits help protect the people who depend on you financially.

This quick reference guide is intended to provide a helpful overview of F&G Freedom. Your financial or insurance professional can explain the policy terms in detail, help you decide how much insurance you need and what premiums you can afford, and provide you with an illustration showing the death benefit options and other information specific to you. This illustration forms an integral part of this reference guide. You will be asked to acknowledge receipt and understanding of this illustration.

When you receive the policy, read it carefully. Ask your financial or insurance professional about anything that's not clear to you, and the benefits and restrictions that apply in your state.

Read on and learn how F&G Freedom can play an important part in your financial security.



Is F&G Freedom a good option for you?

F&G Freedom is a life insurance policy that can provide lifelong flexible protection, with strong accumulation potential. It has these important features:

- You can choose from several options for earning interest on your account value: one fixed interest option and additional options tied to market indexes. All the options have a guaranteed minimum rate.
- You will enjoy tax benefits such as tax-deferred growth potential of your account, insurance benefits which are, generally speaking, not subject to income tax, and some tax-advantaged access to your surrender value.
- You may withdraw money at any time after year one. These withdrawals may be subject to surrender charges.
- You may borrow money - any number of loans may be taken from a positive surrender value.
- You may customize your life insurance policy with optional benefits to meet your unique needs.
- You have a choice of death benefit options - the face amount of your policy, or the face amount plus your account value. Death benefits may be taken as a lump sum or periodic payments.
- You may adjust the death benefits.
- Loyalty is rewarded with a Persistency Bonus in policy years 11 on.



GROWTH POTENTIAL

Your choice for tax-deferred growth

You choose any combination of these potential interest earning options:

- A fixed interest option (we set the rate annually)
- Several options tied to **market indexes**:
 - Barclays Trailblazer Sectors 5
 - S&P 500® Index
 - Dow Jones U.S. Real Estate Index

The fixed interest rate and index crediting options are guaranteed not to be below 0.25%.

Each index option is limited by caps, participation rates and/or spreads.

The index options are linked to a market index, but you are not investing directly in the stock market or any index. We protect you from downside risk, and you are guaranteed not to lose money due to market declines.

At the end of each crediting period, any gains are locked in.

You may earn a Persistency Bonus.

In policy years 11 on, F&G will add a Persistency Bonus to the fixed and indexed account value if the credited rate at the time exceeds 0.25%.

KEY BENEFITS

Flexible survivor (death) benefits

You may choose between two death benefit options and change your option on the policy anniversary.

You may adjust the death benefit upward after year one, if you qualify, and downward after policy year three.

Ability to withdraw

After the first policy year, you may make withdrawals from the policy's surrender value. Note that the amount of your withdrawal may be limited in order to keep the policy in effect.

Up to 20% of the policy's surrender value may be withdrawn each year without incurring surrender charges.

Surrender charges

Surrender charges begin when the contract is issued and decline over 15 years to zero. If you increase your coverage, a new 15-year surrender charge period applies, based on the amount of the increase in coverage.

LOAN OPTIONS

Ability to borrow



You may borrow as much or as many times as you wish, provided there is sufficient surrender value in the policy to cover the loan.

FIXED LOANS

During the first 10 policy years, all loans are charged the declared annual interest rate plus 2%. From policy years 11 on, the interest charged on preferred loans and the interest paid on the account value secured by the loan are the same – the declared annual interest rate. Account value in excess of premiums paid will be available for a preferred loan.

The account value that is used as collateral (security) is moved into a fixed interest account where it earns the declared annual interest rate. In other words, the net interest rate on the preferred loan is zero from policy years 11 on.

VARIABLE LOANS

The interest you pay on a variable loan is based on the Moody Corporate Bond Index, up to a cap. Depending on the Index's performance, the interest on your loan could be higher or lower than the interest rate on a fixed loan.

The account value used as collateral continues to earn interest and/or index credits at the same rate as your remaining account value. This gives you the ability to leverage the policy values through loans. For example, you may borrow at a 5% rate of interest (the maximum variable loan rate), but the account value used as collateral may earn 8%, giving you a 3% net gain. This is a higher risk option. In this example, if the index crediting option only credits 1% you will have borrowed at a net cost of 4%.

The rider benefits have limitations, restrictions, and additional charges. They may vary from state to state



OPTIONAL BENEFITS AND RIDERS

When you buy your policy, you may tailor it to your unique family needs and concerns by selecting from a wide range of options.

Accelerated benefit for terminal illness. If you are diagnosed with a terminal illness and not expected to live more than 24 months (12 months in FL), this rider may accelerate up to 100% of the policy's death benefit, not to exceed \$1,000,000. The amount paid will be less than the amount accelerated, and your death benefit will be reduced by the amount accelerated.

Accelerated benefit for critical illness. You may accelerate up to 100% of the policy's death benefit if you suffer from a critical illness as defined in the rider. The illness must first occur on or after the start date of the rider. The amount paid will be based on your age and the severity of the illness, and will be less than the amount accelerated. Your death benefit will be reduced by the amount accelerated.

Accelerated benefit for chronic illness.¹ You may accelerate up to 25% of the policy's death benefit² if certified by a licensed health care practitioner in the previous 12 months as having a qualifying chronic illness. Chronic Illness is defined as impairment in performing two out of six activities of daily living due to loss of functional capacity to perform the activity or impairment of cognitive ability. Activities of daily living include bathing, eating, dressing, toileting, transferring or continence. This rider will terminate when the accelerated amount is 100% of the death benefit or the lifetime maximum of \$1,000,000. Subsequent annual accelerations are available, upon continued qualification, until you have accelerated either 100% of the death benefit or the lifetime maximum of \$1,000,000. The amount paid upon acceleration will be subject to administrative fees (see the Accelerated Death Benefit Rider - Chronic Care for details), and your death benefit will be reduced by the amount accelerated. Rider may not be available in all states. The policyholder's use of the benefit is unrestricted when the insured has become chronically ill or is otherwise eligible for benefits from a qualified event.

¹This is a life insurance policy that gives you the option to accelerate some or all of the death benefit in the event you meet the criteria for a qualifying event described in the rider. Accelerated benefits depend on policy values at the time of acceleration. Accelerated benefits paid will reduce the death benefit and use of the proceeds are unrestricted. Comparatively, Long Term Care benefits are expense reimbursements based on benefit levels and a pool of money selected at the time of purchase. Long Term Care benefit will not reduce death benefits and the proceeds must be used for Long Term Care services. This policy and riders do not provide long term care insurance subject to California long term care insurance law. This policy and riders are not a California Partnership for Long-Term Care program policy.

²The 25% annual limit does not apply in California.

Waiver of monthly deductions if you are disabled. If you become totally disabled for a continuous period of six months or more, F&G will waive all the monthly charges. This prevents cancellation of coverage and keeps the surrender value of your policy from being depleted due to monthly charges. This rider applies to disabilities which begin before the policy anniversary following your 65th birthday.

Waiver of Specified Premium. If you have a disability, as defined in the rider, for more than 6 months, F&G will deposit the amount specified in the rider to the policy each month while you are disabled. This can help prevent the cancellation of coverage by continuing the planned funding.

Accidental death benefit rider. This rider increases the death benefit in the event of certain accident related deaths that occur before the policy anniversary following your 70th birthday.

Overloan protection rider. This rider can prevent your life insurance policy from entering a lapse status as the result of outstanding loans that exceed your surrender value. This benefit applies if the policy has been in effect for 15 or more years, and you have attained age 75. This rider may be exercised once during the life of your policy.

Primary insured term life insurance rider. The term rider can provide additional coverage for a shorter period of time and be an effective way to protect yourself during the time in your life when you have the greatest financial responsibilities. This rider is subject to specific underwriting qualifications.

Spouse term life insurance rider. This rider provides annual renewable term life insurance for the primary insured's legal spouse with a death benefit up to the primary insured's base policy amount. The spouse may choose his or her own beneficiary, and the policy may be converted to permanent life insurance.

Children's level term insurance rider. This rider provides term life insurance for the primary insured's children until they reach age 25, and may be converted to permanent life insurance.

KEEP IN MIND...

Charges and costs

In the first 10 years of the policy, F&G will deduct annually a 9% expense charge from premiums paid. From year 11 on, F&G will deduct annually a 5% expense charge from all premiums.

Each month, F&G will also deduct a cost of insurance charge, unit expense charge, charges for any riders you have chosen, and an \$9 expense charge. Applicable surrender charges will be deducted if withdrawals are made. Administrative charges may apply.

NO LAPSE GUARANTEE

If you regularly pay the minimum no-lapse premium amounts (increased for outstanding loan balances or partial withdrawals), you are guaranteed this policy will remain in effect for 10 years. It will not lapse even if surrender values are not enough to cover the policy's ongoing charges and costs.

Paying only the no-lapse premium amount may not be enough to keep your policy in effect after the 10 year no-lapse period.

REINSTATEMENT

F&G may reinstate a lapsed policy within three years, if you provide evidence of insurability.

ANNUAL STATEMENTS

Each year, you'll receive a report summarizing your F&G Freedom activity. The report will show your account value, the amount of premiums paid, monthly deductions, interest credited, partial surrenders and surrender charges, unpaid loans and loan interest, paid loans and loan interest, the surrender value, the death benefit option, the face amount, and the current death benefit.



TAX INFORMATION

The account value of your policy grows tax-deferred

You pay ordinary income tax on the interest you've earned only when it's withdrawn or paid out. The interest may be used to pay the monthly policy charges without becoming taxable. In many situations, amounts loaned out of a life insurance policy are not treated as paid out of the policy and are therefore not included in taxable income, as long as the policy stays in force.

Death benefits paid as a lump sum are not generally subject to federal income tax. If the death benefit is paid as an annuity, the interest portion is taxable as ordinary income tax. If the death benefit is paid to an estate, it may be taxed as part of the estate.

You should seek tax advice before exercising the accelerated benefit riders for chronic, terminal or critical illness.

F&G does not offer tax or legal advice. Consult a tax professional regarding your specific situation.

This document is not a legal contract. For the exact terms and conditions, refer to the life insurance policy, which is issued by Fidelity & Guaranty Life Insurance Company, Des Moines, IA.

"F&G" is the marketing name for Fidelity & Guaranty Life Insurance Company issuing insurance in the United States outside of New York. Life insurance and annuities issued by Fidelity & Guaranty Life Insurance Company, Des Moines, IA.

Fidelity & Guaranty Life Insurance Company offers a diverse portfolio of life insurance policies. Before purchasing, consider your ability to pay premiums, your financial situation and alternatives available to you. Visit us at fglife.com for more information, and consult a financial or insurance professional who can help you determine the alternatives for your goals and needs.

Policy form numbers: ICC19-2003 (1-19), ICC19-2003 (1-19) F, LPI-2003 (1-19), LPI-2003 (1-19) F, et al.

F&G Freedom is subject to state availability. Certain restrictions may apply. Optional provisions and riders have limitations, restrictions and additional charges. Riders may be subject to underwriting requirements.

Interest rates are subject to change.

Information provided regarding tax or estate planning should not be considered tax or legal advice. Consult your own tax professional or attorney regarding your unique situation.

Surrenders, withdrawals and loans will reduce available death benefit and may be subject to surrender charges. Surrenders and withdrawals beyond basis may be taxable income and subject to penalties if taken prior to age 59 ½. Excessive and unpaid loans will reduce policy values and may cause the policy to lapse. In order to receive favorable tax treatments on distributions made during the lifetime of the insured (including loans), a life insurance policy must satisfy a 7-pay premium limitation during the first seven policy years. A new 7-year limitation will be imposed after certain policy changes. Failure to satisfy this limitation would cause your policy to be considered a Modified Endowment Contract (MEC).

Issuance may be dependent on answers to the health questions on the application.

Even though contract values may be affected by external indexes, the life insurance contract is not an investment in the stock market and does not participate in any stock, bond, or equity investments. Indexed growth rates are subject to caps, participation rates and/or spreads, which may change at the discretion of Fidelity & Guaranty Life Insurance Company.

Volatility control seeks to provide smoother returns and mitigate sharp market fluctuations. While this type of strategy can lessen the impact of market downturns, it can also lessen the impact of market upturns, potentially limiting upside potential.

It is important to note that when the declared participation rate is greater than 100% and the index change percentage at the end of the index term period is 0 or negative, no index interest credits will be applied to the account value.

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For more information about Barclays Trailblazer Sectors 5 index see indices.barclays/trailblazer5.

Please contact us at 888.513.8797 or visit us at fglife.com for more information.

No bank guarantee.

Not FDIC/NCUA/NCUSIF insured.

May lose value if surrendered early.

Your life insurance values are guaranteed by Fidelity & Guaranty Life Insurance Company, Des Moines, IA.

F&G offers our series of focused life insurance and annuity products through a network of independent marketing organizations (IMOs) and financial or insurance professionals. We pay the IMO, financial or insurance professional, or firm for selling the annuity to you, and factor that into our contract pricing. Their compensation isn't deducted from your premium.

Insurance products are offered through Fidelity & Guaranty Life Insurance Company in every state, other than New York, as well as the District of Columbia and Puerto Rico. In New York,

products are offered through a wholly owned subsidiary, Fidelity & Guaranty Life Insurance Company of New York. Each company is solely responsible for its contractual obligations.

As a legal reserve company, we're required by state regulation to maintain reserves equal to or greater than guaranteed surrender values.

Ask your financial or insurance professional today about F&G and let's get to work ensuring you have a bright tomorrow.

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